The Federation of Longhorsley and Whalton C of E Schools

Love your Neighbour as yourself so we can all aspire, believe and achieve to be the very best that we can be...

Hope - Honesty - Forgiveness - Friendship - Trust - Love

PE Overview

Whalton - 2026-2027

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Class 1 - Rec/Y1/Y2	*Speed, agility and coordination* *Key question:* How can I move safely and confidently in different ways?	*Ball Skills - sending and receiving* *Key question:* How do I control a ball so it goes where I want it to?	*Gymnastics* *Key question:* How can I use my body to make strong shapes and controlled movements?	*Dance* *Key question:* How can I show ideas and feelings through movement?	*Team Games and Simple Tactics* *Key question:* How can working with others help us play better in a game?	*Athletics - Running, Jumping and Throwing* *Key question:* How can I improve my performance by practising a skill?

Class 2 Years 3/4/5/6	*Invasion Games: Football or Rugby* *Key question:* How do tactics help a team keep possession and score?	*Gymnastics - Sequencing, Control and Flight* *Key question:* How can I combine movements smoothly to create a controlled sequence?	*Dance - Formation and Unison* *Key question:* How can a group use formation and timing to strengthen a performance?	*Net and Wall Games - Tennis or Badminton* *Key question:* How does where I stand affect my success in a rally?	*Athletics - Team and Performance* *Key question:* How does technique improve speed, distance or accuracy?	*Striking and Fielding Cricket and Rounders* *Key question:* How do fielding positions influence the outcome of a game?